Emotion

I Emotions consist of three factors

* 1. Physiological arousal
     1. Sympathetic nervous system revisited
     2. Lie detectors
  2. Expressive behaviors
  3. Experiencing emotions and knowing it

1. Expressive behaviors
   1. Facial expressions of emotion
   2. Body language
2. Experiencing behaviors and knowing it
   1. The opponent process theory
   2. Fear
   3. Anger
   4. Happiness
3. Theories of emotions
   1. James-Lange theory
   2. Cannon-Bard Theory
   3. Schacter Two-Factor Theory